

# Claims

- [c1] 1. A sheet for absorbing fluids and soils adjacent to the base of a urinal or toilet, comprising a sheet of absorbent material having an adhesive element on a bottom surface to releasably secure said sheet to a floor surface and wherein said sheet is configured to enable a user to stand upon said sheet.
- [c2] 2. The sheet of claim 1, wherein the adhesive element is segmented rather than continuous.
- [c3] 3. The sheet of claim 1, further including at least one item selected from a list of graphics, textures, and printed patterns on a top surface of said sheet.
- [c4] 4. The sheet of claim 1, further including text on a top surface of said sheet.
- [c5] 5. The sheet of claim 1, further including an advertisement on a top surface of said sheet.
- [c6] 6. A sheet for absorbing fluids and soils configured for placement at a floor of bird cage or animal cage, comprising a sheet of absorbent material having an adhesive element on a bottom surface to releasably secure said

sheet to a floor of a bird cage or animal cage.

[c7] 7. A pad comprising a plurality of sheets of disposable, absorbent material, said plurality of sheets including at least one adhesive element on a bottom surface and positioned vertically on top of one another to form a pad, wherein said adhesive element releasably connects said plurality of sheets to one another, and wherein said plurality of sheets may be releasably removed from a pad and adhesively secured to a floor.

[c8] 8. A pad as defined in claim 7, further including a protective base sheet releasably connected to a bottommost sheet of said plurality of sheets.

[c9] 9. A pad as defined in claim 7, wherein said plurality of sheets includes textures, graphics, or printed patterns on a top surface.

[c10] 10. A pad as defined in claim 7, wherein said plurality of sheets includes text on a top surface.

[c11] 11. A pad as defined in claim 7, wherein said plurality of sheets includes an advertisement on a top surface.

[c12] 12. A pad as defined in claim 7, further including a pre-fabricated hole extending through said plurality of sheets.

- [c13] 13. A pad as defined in claim 7, further including cut-outs to allow a user to stand upon the floor surface.
- [c14] 14. A method of using a plurality of sheets to absorb fluids and soils, the method comprising the steps of:  
removing a first sheet from a pad including a plurality of absorbent sheets;  
adhesively securing said first sheet to a surface;  
discarding said first sheet as it becomes soiled;  
removing a second sheet from the pad; and  
adhesively securing said second sheet to the surface.
- [c15] 15. The method of using a plurality of sheets as defined in claim 14, wherein the plurality of sheets includes a prefabricated hole and further including the step of storing the pad on a hook using the prefabricated hole.
- [c16] 16. The method of using a plurality of sheets as defined in claim 14, wherein the surface includes a floor surface adjacent a toilet.
- [c17] 17. The method of using a plurality of sheets as defined in claim 14, wherein the surface includes a floor surface adjacent a urinal.
- [c18] 18. The method of using a plurality of sheets as defined in claim 14, further including the step of using said re-

moved sheet to clean other areas of a restroom.

- [c19] 19. A continuous roll for absorbing fluids and soils, comprising:
- a spool;
  - a roll of a length of absorbent material having at least one adhesive element along at least one edge;
  - and
  - wherein a section of said length of absorbent material is configured to be cut from said roll and releasably secured to a surface.